

GIRLS' VOLLEYBALL

1. Girls' volleyball will be played during Season Four.
2. The Kent-Tahoma Middle School League volleyball teams will play under National Federation.
3. Girls' volleyball will have two teams.
 - a. Varsity: Composed of seventh and eighth grade students.
 - b. Seventh grade: Composed of seventh grade students only.
4. The number of required practice days by WIAA for teams and individuals will be strictly adhered to.
5. Equipment:
 - a. Nets
 1. Official nets and standards (those selected by Kent-Tahoma Middle School League)
 2. Height: Seven feet (maximum and minimum)
 - b. Ball: Any official eighteen-panel leather ball.
6. Game Length & Scoring:
 - a. Varsity and Seventh Grade: Match winners will be first team to win two games. Rally score to 25 with no cap. If a third game is necessary to determine a winner, it will be rally score to 15 with no cap. If a third tie-breaking game is not necessary to determine a match winner, the third game will be played to 15 (no cap) under limited participation rules. **If the third game is played to determine a winner of the overall match, it shall be followed by a fourth game to be played to 15 (no cap) under limited participation rules.**
7. International Rules to be implemented as follows:
 - a. All scoring to be Rally.
 - b. The Libero position is permissible but not required.
 - c. Let serves are official. (If ball hits net on serve and continues over – it is playable)
 - d. The Libero will be allowed to serve.
 - e. **If only one team has a Libero, it is that team's responsibility to track. If both teams have a Libero, the home team is responsible for tracking both.**
 - f. **Libero jersey must be a contrast color from predominate color of teammates and pipping and trim cannot exceed 1 inch.**
3. An adult scorekeeper is recommended for varsity and seventh grade.
4. **Scheduled Limited Participation game shall be 3 games, first two games to 25 and 3rd game to 15 – no cap.**

5. Official warm-up time begins 10 minutes after visiting team arrives at school. Pre-game warm-up schedule is as follows:

Varsity 15 minute minimum	7 th Grade 11 minute minimum
8 minutes shared court – ball handling	5 min. shared court – ball handling
6 min. home team - full court	3 min. home team - full court
6 min. visiting team full court	3 min. visiting team – full court

NOTE:

- Visiting team is always the last team for full court warm-up.
- Warm up times may be adjusted by official based on unique circumstances.
- No shared court hitting. Any shared court time is strictly for ball handling drills and warm-up procedures.

11. Official coin toss to be done before official warm-ups begin.
12. The head coach will drop 50% of the team who have played the most during the season and exclude them from the limited participation contests. If odd number, use lower figure. Any adjustment to the limited participation numbers is to be made only if there are insufficient numbers of athletes available; this must be communicated to the opposing coach prior to the contest. Starters that fill in available open positions are not to play in their normal position.
13. Home team has the option of using a three-ball system if desired. No coin flip for LP game. Losing team serves for LP game
14. Home team will provide volleyballs at the varsity and seventh-grade level. Teams will remain on the same bench for the game.
15. **SEEDING CRITERIA FOR SCHEDULE BLOCKS 8, 9, 10.**
To break any ties that may occur in determining positions for the final three games of the volleyball season head-to-head results will be used. In the event of a three or more way tie the team that gave up the LEAST number of points against the other tied teams will receive the higher seed. If tie is broken using the lowest point total, the remaining teams revert to head-to-head.
16. **DETERMINING SEASON LEAGUE CHAMPION**
The league champion will be determined based on the best overall season record of the top 4 seeded teams, as determined after the set of block 7 games have been completed.